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FESTIVAL OF INSPIRATION

ISKCON
New Vrindaban

Founder-ācārya His Divina Grace
A.C. Bhaktivedanta Swami Prabhupāda

AṆJANA SUTA ACADEMY
HANUMATPRESAKA SWAMI
www.jayarama.us
We may have a different point of view, but both of our positions can be true.
1972

We read Śrīla Prabhupāda’s Kṛṣṇa Book, and became completely hooked.

We aimed to fix his feet within our heart, and there chant the maha-mantras as our art.
CONCLUSION I

You can begin with the most important service: Sāṅkīrtana.

But you’ll realize that without the most essential service: Japa.

You’re just half a band.
CONCLUSION II

Or you can begin with the most essential service: Japa.

But you’ll realize that without the most important service: Saṅkīrtana.

It has no fruit.
IF JAPA IS YOUR INCLINATION, THEN FOLLOW OUR DETERMINATION!
After 30 years, for me, the whole essence of this yoga boils down to just 8 words:

Get up early and get your rounds done.
1. Don't eat late at night

2. Put your alarm-clock across the room next to your light

3. You can't touch the alarm until the light is on.

4. Drink one full glass of water and sit and chant: Hare Krsna, Hare Rama!

Automatically everything else will follow.

Live where 2 AM japa is O.K.
Hare Kṛṣṇa Hare Kṛṣṇa
Kṛṣṇa Kṛṣṇa Hare Hare
Hare Rāma Hare Rāma
Rāma Rāma Hare Hare
Hare Kṛṣṇa Hare Kṛṣṇa
Kṛṣṇa Kṛṣṇa Hare Hare
Hare Rāma Hare Rāma
Rāma Rāma Hare Hare
THE FINAL LESSON

At the time of death your japa will be tested

Socrates to his Disciples  Jesus Christ at the Last Supper  Parikṣit with Seven Days
This is the **Homunculus**.

This is how your brain sees your body.

There are a lot of nerves in the tongue, lips and fingers.

Japa is a most natural form of meditation.

Move your lips and tongue, feel each bead.

You are making a Deity out of sound.
There are numberless transcendental though material tricks to control the mind, hear the mantra, but the basis of all of these is the desire to find them.

. Follow the 4 principles strictly,
. Get up for a nice maṅgala-ārati and kīrtana with the gopis,
. Chant, read Śrīmad-Bhāgavatam.
Avoid the dangers in Yoga

Śrī Caitanya Caritāmṛta 2.19
There is no limit to life under the Japa Tree.

Please join us and save us from T.V. Let us finish with two meditations on the maha-mantra in a raga-anuga mood. And then please tell us if this bunch of ideas was bad or good.
Please look through this window at Rādhā, Her complexion is quite fair.

Her hand holds on to Her heart, there are flowers in Her hair.

There’s a bee upon a flower. I think that it’s all that She sees.

He’s bringing a message from Kṛṣṇa, as he darts in and out of the trees.

Behind Her are Uddhava and Gopīs. We are standing in front by Her knees.

Are we also flowers growing, on big, noble, green-leafed trees?
Oh, but I think that this is too hard, to be flowers at Her knees. Better to aspire to be dust, 'neath the roots of the big noble trees.

Everything in the forest of Vraja, both colored and simple and green, chants the names of Kṛṣṇa and Rāma, to create the proper scene.

Can you hear the sound of the flowers? Their Japa perceived as smell. Can you hear the sound in the dust? It helps the Bee remember, the words that he learned to tell.

Find your station. Play you part. All things done by the Japa art.
HANUMATPREŚAKA-LĪLĀ
Hanumān finds Mother Sītā
janani hum rama-duta hanuman (refrain)

“O mother! We are Hanuman, the messenger of Lord Rama.”

janani – O mother; hum – we; rama-duta – messenger of Lord Rama; hanuman – Hanuman
carana-vandanam karomi pamar avasara-prapta mahan

“I offer obeisances to your feet. This fool has obtained this great opportunity.”

carana – feet; vandanam – obeisances; karomi – I do; pamarah – fool; avasara – opportunity;
prapta – obtained; mahan – great
"Seeing his eyes filled with tears, I feel great distress."

*tasya* – His; *nayana* – eyes; *baspakulatam* – filled with tears; *mama* – my;
*mahat* – great; *kheda* – distress; *parijnanah* – experience
THANK YOU